

FRANCES GARRETT

BIOGRAPHICAL INFORMATION

PERSONAL Office address: Department for the Study of Religion, 170 St George St, Toronto, ON M5S 2E8 Canada; email frances.garrett@utoronto.ca

DEGREES PhD 2004, University of Virginia
 MA 1996, University of Virginia
 BA 1989, Columbia University

EMPLOYMENT Associate Professor
 Department for the Study of Religion, University of Toronto
 (appointed July 2003; received tenure July 2010)

ACADEMIC HISTORY

Research in Progress

Therapeutic Landscapes: Medicine in the Tibetan Epic of King Gesar. Translation into English of Tibetan book, *Gling sgrung las byung ba'i bod pa'i gso rig skor gleng pa*. Preliminary translation completed by Jialuo and Dakpa Gyatso, abridgement now underway by Frances Garrett; original author was Chopa Dondrup in collaboration with Frances Garrett.

Folk Poets: A Study of Gesar Folk Artists. Translation into English of 1995 Chinese book by Yang Enhong. Preliminary translation completed by Yang Enhong and Daigengna Duoer, translation review and revisions now underway by Frances Garrett.

“Expeditions to Paradise: Sacred Travel in the Himalaya”: research project funded by a SSHRC Insight Grant, in collaboration with colleagues in Toronto and in India.

Pedagogical research on methods and practices of online language teaching and on immersive experiential place-responsive learning.

Research on medicinal plants and ritual healing practices in Northern Peru.

Honours

2012 Northrup Frye Award, University of Toronto

Grants & Awards for Research

2018 University of Toronto Excellence Award, \$6,000

2017 SSHRC SIG grant, \$1,530

2017 SSHRC Insight Grant (2017-2022), \$198,079

2016 SSHRC SIG grant, \$1,101

2016 University of Toronto Excellence Award, \$6,000

2015 SSHRC SIG grant, \$1,485

2015 University of Toronto Excellence Award, \$6,000

2013 SSHRC small scale research award, \$2,221

2012 SSHRC small scale research award, \$1,033

- 2011 University of Toronto Excellence Award, \$5,625
- 2011 Jackman Humanities Institute Faculty Fellow (served 2012-13)
- 2011 Research and Translation Contract from 84,000 (\$13,000, with Ben Wood and Kunga Sherab, 2011-13)
- 2011 SSHRC Aid to Research Workshops Grant (2011-12), \$22,768
- 2011 SSHRC Partnership Development Grant (2011-2014), \$200,000
- 2010 Jackman Humanities Institute Program for the Arts Grant (2010), \$3000
- 2010 SSHRC Research Development Initiative Grant (2010-2012), \$40,975
- 2009 SSHRC SIG grant, \$1,554
- 2009 SSHRC Image, Text, Sound and Technology Grant (2009-2010), \$50,000
- 2008 SSHRC Standard Research Grant (2008-2011), \$89,850
- 2008 Jackman Humanities Institute Working Group Grant, \$5,000
- 2008 SSHRC small scale research award, \$2,500
- 2007 SSHRC small scale research award, \$1,037
- 2006 David Larson Fellowship at the Kluge Center, U.S. Library of Congress (served in 2007-08)
- 2006 Individual Research Grant, American Academy of Religion, \$1,000
- 2006 SSHRC SIG grant, \$1,305
- 2005 Connaught Fund, \$9,999
- 2006 SSHRC SIG grant, \$714
- 2005 Connaught Fund New Staff Matching Grant, \$13,000
- 2005 Connaught Start-up Grant, \$10,000

Recent Grants & Contracts for Teaching-Related Projects

- 2018 Dean's International and Indigenous Initiatives Fund (with Matt Price) to support "Himalayan Borderlands" trip to Sikkim, India, \$12,000
- 2017 ATLAS grant from FAS for "Pilot modules for immersive experiential learning" (with Matt Price), \$14,802
- 2016 LEAF grant from Office of the Provost, for "University of Toronto Outdoors (UTO): Engaging Place-Based and Expeditionary Learning" (with Matt Price), \$9,427
- 2016 Dean's International Initiatives Fund (with Matt Price) to support "Himalayan Borderlands" student course in Sikkim, India, \$16,670
- 2016 MTCU-funded provincial Shared Online Course fund, to support the creation of an Online Classical Tibetan course, \$51,000
- 2015 Online Undergraduate Course Initiatives Award, two awards to support the creation of an Online Classical Tibetan course, \$24,000
- 2015 Dean's International Initiatives Fund and TLKY Teaching Fund (with Matt Price), two awards to support "Mapping Buddhist Landscapes in Sikkim," a student research trip to Sikkim, India, \$20,800
- 2011 Higher Education Quality Council of Ontario research contract for the project "Networked Academic Profiles for Student-Faculty Collaboration" (with Matt Price), \$60,000

2011 U of T Instructional Technology Initiative Fund award for the project “Networked Academic Profiles for Student-Faculty Collaboration” (with Matt Price), \$30,000

SCHOLARLY AND PROFESSIONAL WORK

REFEREED PUBLICATIONS

- Book** Under review. *Hidden Lands in Himalayan Myth and History: Transformations sBas yul through Time*. Edited by Frances Garrett, Elizabeth McDougal and Geoffrey Samuel.
2008. *Religion, Medicine and the Human Embryo in Tibet*. Abingdon, Oxon; New York: Routledge. Critical Studies in Buddhism series. 224 pages.
- Articles** Under review, Healing Mountains and Hidden Lands.
- Under review, Engaging Immersive Experiential Learning: Outdoor Education in the Humanities, co-authored with Laila Stradz, Alysse Kennedy, Salina Suri, Matt Price, Laura Burnett.
- Forthcoming, The food of meditation: dietary healing and power in Tibetan Buddhism. *Asian Medicine*.
- Forthcoming, Gesar’s Therapeutic Geographies. In edited volume to be published by Brill, edited by Matthew Kapstein.
2018. Sensory learning and engaged pedagogy in a Buddhist Studies classroom. *Teaching Theology and Religion* 21:4.
2015. “If You Build It, Will They Come? An Evaluation of Whiteboard, a Networked Academic Profiles Project,” co-authored with Matt Price, Stian Haklev. Higher Education Quality Council of Ontario Research Publications.
2014. The Making of Medical History. In *Bodies in Balance: The Art of Tibetan Medicine*, ed. Resi Hofer. University of Washington Press with Rubin Museum of Art.
2013. Mercury, Mad Dogs and Smallpox: Medicine in the Situ Panchen Tradition. In *Journal of the International Association of Tibetan Studies* 7: 277-301.
2013. Narratives of Hospitality and Feeding in Tibetan Ritual. With Matt King, Barbara Hazelton, Andrew Erlich and Nicholas Field. In *Journal of the American Academy of Religion* 81 (2): 1-25.
2012. “What children need”: Making Childhood with Technologies of Protection and Healing. In *Buddhist Children in Texts and Culture*, ed. Vanessa Sasson. Oxford University Press.
2011. Eating Letters in the Tibetan Treasure Tradition. *Journal of the International Association of Buddhist Studies* 32 (1-2): 85-114.
2010. Shaping the Illness of Hunger: A Culinary Aesthetics of Food and Healing in Tibet. In *Asian Medicine* 6 (1): 33-54.
2010. Tapping the Body's Nectar: Gastronomy and Incorporation in Tibetan Literature. In *History of Religions* 49 (3): 300-326.
2009. The Alchemy of Accomplishing Medicine (*sman sgrub*): Situating the *Yuthok Heart Essence* Ritual Tradition. *Journal of Indian Philosophy* 37 (3): 207-230.
2008. Tibetan Buddhist Narratives of the Forces of Creation. In *Imagining The Fetus: The Unborn in Myth, Religion and Culture*, eds. Jane Marie Law & Vanessa R. Sasson. Oxford University Press. Pgs. 107-120.

2008. With Vincanne Adams. The Three Channels in Tibetan Medical and Religious Texts, including a translation of Tsultrim Gyaltzen's 'Treatise on the Three Channels in Tibetan Medicine.' *Traditional South Asian Medicine* 8: 86-115.

2007. Critical Methods in Tibetan Medical Histories. *Journal of Asian Studies* 66 (2): 368-387.

2007. Buddhism and the Historicizing of Medicine in Thirteenth Century Tibet. *Asian Medicine: Tradition and Modernity* 2 (2): 204-224.

2005. Ordering human growth in Tibetan medical and religious embryologies. In *Textual Healing: Essays on Medieval and Early Modern Medicine*, ed. Elizabeth Furdell, 31-52. Leiden: Brill Publishers.

NON-REFEREED PUBLICATIONS

Books

2014. *Gling sgrung las byung ba'i bod pa'i gso rig skor gleng pa (Tibetan Medicine in the Gesar Epic)*, published by Qinghai Nationalities University Gesar Research Institute Press (China) in 2014. Chopa Dondrup is primary author; I am collaborator. 226 pages plus 2 DVDs.

2010. *Studies of Medical Pluralism in Tibetan History and Society: Proceedings from the XIth International Association of Tibetan Studies Meetings*. S. Craig, M. Cuomo, F. Garrett, and M. Schrempf, eds. (Bonn: International Institute for Tibetan and Buddhist Studies, Contributions to Research on Central Asia series). 591 pages.

Major Digital Projects

2014. "Gold, Statue, Text: Mapping Movement in Tibetan History." Major digital project with a collection of essays, art historical resources, textual databases, mapping, and architectural modeling. First published in Fall 2014; now under revision for new publication. Collaboratively developed by Frances Garrett, Ben Wood, Sarah Richardson, Kunga Sherab and a technical team of web developers.

2010-2015. General Editor of PlateauCulture, <http://plateauculture.org/>; project no longer active.

Articles

2018. Teaching Walking at University. In *PADometer Magazine*.

2016. Hidden Paradises of the Himalaya: Kangchenjunga & Beyul. In *Alpinist* 54.

2007. Embodiment and Embryology in Tibetan Literature: Narrative Epistemology and the Rhetoric of Identity. In *Soundings in Tibetan Medicine: Historical and Anthropological Perspectives*, ed. Mona Schrempf, 411-426. Leiden: Brill Publishers.

2005. Hybrid Methodologies in the Lhasa Mentsikhang. *The Tibet Journal* 30 (1): 55-64.

Teaching Resources

2017. *NettleTibetan.com*. A year-long introduction to Classical Tibetan course online with original textbook materials. Co-authored by Frances Garrett, Kunga Sherab, Edward Garrett, and Annie Heckman.

2004. *Fluent Tibetan Workbook*. Tibetan language workbook and system of interactive classroom games to supplement *Fluent Tibetan* textbook, used in Tibetan language courses at University of Virginia from 1994-2003 and at University of California, Santa Barbara, from 2002-present.

Films

2011. Creative and executive producer of film, "Smoke and Sky, Faith and Fortune," on food and ritual in Tibet. 30 minutes. Directed by Wendekar.

2011. Creative and executive producer of film, "Making Prosperity," on offering rituals in Tibet. 40 minutes. Directed by Wendekar.

2011. Creative and executive producer of “Seeds in the Wind,” screened at the University of Toronto Film Festival, March 2011, and at New Voices, New Visions: Ethnographic Film from Tibet and Myanmar, Toronto, February 2011.

PAPERS PRESENTED (INVITED)

- 2016 “Medicine in the Gesar Epic,” 100th Anniversary Celebration Conference of the Lhasa Men-Tsee-Khang & Second Annual Conference of Tibetan Medicine Committee of the World Federation of Chinese Medicine Societies
- 2015 “Therapeutic Technologies for Children,” Buddhism and Wellbeing Conference, University of British Columbia
- 2014 “Gesar’s Therapeutic Geographies,” The Many Faces of Ling Gesar / Destins divers de l’épopée de Gesar de Ling, Homage to Rolf A. Stein, Collège de France, Paris.
- 2011 “Eating Right with Tibetan Food Practices,” Contemporary Issues in the Anthropology of Tibetan Medicine Workshop, Cardiff University, Wales.
- 2009 “Embryology and epistemology in Tibetan history,” Stanford Medical School Residency Program, Traditional Tibetan Medical Hospital, Xining, Qinghai, China
- 2009 “The medical teachings of Situ Panchen,” Situ Panchen Symposium, Rubin Museum of Art, New York City.
- 2008 “Considering Anthropophagy in Tibet,” University of California, Berkeley.
- 2008 "Death, Rebirth and Being Human in Tibetan Buddhism," Library of Congress, Washington, DC.
- 2008 "The Technology of Edible Letters (*za yig*) in Tibet," Buddhism's Occult Technologies, Numata Buddhist Studies Program Conference, McMaster University.
- 2006 "Life after Death: Buddhist Images of Dying and Rebirth," Eighth Annual Edith Bruce Lecture, University of Toronto.
- 2005 "Fetal Mythology in Tibetan Literature," Revisioning Buddhism Numata Buddhism Conference, McGill University.
- 2004 “Foreign Influences on Tibetan Medicine,” Tibet and Her Neighbors Conference, Harvard University, Boston.

PAPERS PRESENTED (PAPER SELECTED BY COMMITTEE)

- 2018 “Mountains and therapeutic travel,” American Academy of Religion Annual Meeting, Denver
- 2016 “Imagining Landscapes through Human Virtue,” International Association of Tibetan Studies Seminar, Bergen, Norway
- 2016 “Role-Playing in Courses on Buddhism,” Association of Asian Studies Annual Meeting, Seattle
- 2015 “Therapeutic Landscapes and Mountain Interiors,” Thinking Mountains 2015: Interdisciplinary Mountains Studies Conference, Jasper National Park, Alberta
- 2013 “Considering ‘The Literary’ in Tibet through the Study of Recipes,” American Academy of Religion Annual Meeting, Baltimore
- 2010 “Food, Medicine and Healing in Tibetan Literature,” International Association of Tibetan Studies, Vancouver, BC
- 2009 “Mercury, Mad Dogs and Smallpox,” Association of Asian Studies Annual Meeting, Chicago.
- 2008 “A Gastrosemantics of Magical Foods in Tibetan Ritual,” American Academy of Religion Annual Meeting, Chicago.
- 2006 "The Place of Technology in Tibetan Studies," American Academy of Religion Annual Meeting,

Washington, DC.

- 2006 "Taxonomies of Medical Knowledge in Tibetan Literature," Eleventh Seminar of the International Association for Tibetan Studies, Bonn.
- 2006 "The Human Face of Religious Doctrine: Buddhist Narratives of Creation in Medieval Tibet," XXth European Conference of Philosophy of Medicine and Health Care, Helsinki.
- 2006 "Making Medicine Buddhist: Historicizing the *Four Tantras*," International Association for the Study of Traditional Asian Medicine, Sixth International Congress, Austin, TX.
- 2005 "Buddhism and the Historicizing of *Gso Rig* in Tibet," American Academy of Religion Annual Meeting, Philadelphia, PA.
- 2005 "The Human Body in the History of Medicine in Tibet," American Association for the History of Medicine Annual Meeting, Birmingham, AL.
- 2003 "Reading Lineage in History: The Role of Illness in *The Blue Annals*," American Academy of Religion Annual Meeting, Atlanta.
- 2003 "Embodiment and Embryology in Tibetan Literature," Tenth Seminar of the International Association for Tibetan Studies, Oxford.
- 2003 "Medicine and Religion in Medieval Tibet," Southern Association for the History of Medicine and Science, Durham.
- 2002 "Reading Religion and Medicine in Tibetan History," Canadian Society for the History of Medicine Annual Meeting, Toronto.
- 2002 "Tibetan Embryology and the Intertwining of Religious and Medical Rhetoric," American Academy of Religion Annual Meeting, Denver.

PANELS ORGANIZED/CHAired (PANEL SELECTED BY COMMITTEE)

- 2017 Presiding chair for "Nostalgia and Lament: Frontier Memories of the Qing and of the Manchu Ruling Elite" panel, Association for Asian Studies Annual Meeting, Toronto
- 2010 Presiding chair for "Buddhist Medicine: Transnational Traditions and Local Contexts" panel, American Academy of Religion Annual Meeting, Atlanta
- 2008 Presiding chair for "Tibet and the West – Modern Intersections" panel, American Academy of Religion Annual Meeting, Chicago
- 2007 Organizer of and presiding chair for "Methods for the Study of Women and Buddhism" panel at the American Academy of Religion Annual Meeting, San Diego.
- 2007 Presiding chair for "Tibetan Lived Religion" panel at the American Academy of Religion Annual Meeting, San Diego.

TEACHING

Undergraduate Courses Taught

- CRR199H On Foot: Cultural Histories of Walking (2017)
- TBB199Y Food for Thought (2013-14)
- RLG206Y Introduction to Buddhist Traditions (2003 | 2004 | 2006 | 2008 | 2014)
- RLG236H Women and Asian Religions (2003)
- RLG299Y Research Opportunity: Tibetan Medical History (2004)
- RLG299Y Research Opportunity: Death and Dying in Buddhism (2006)

RLG371H Buddhism in East Asia (2004)
RLG372H Tibetan Buddhism (2004)
RLG373H Himalayan Buddhism (2016)
RLG492H Readings in Tibetan Buddhist Literature (2004 | 2006)
RLG494Y Independent Studies in Buddhism and Medicine (2004)
RLG494Y Classical Tibetan I (2008-09, 2011, 2016-17, 2017-18)
Various independent study courses.

Graduate Courses Taught

RLG3454H/RLG463H: The Kālacakra Tantra
RLG404H/1200Y Method and Theory in the Study of Religion (2006 | 2007 | 2008)
RLG484H History and Historiography of Buddhism (2004 | 2014)
RLG492H/3454Y Readings in Tibetan Buddhist Literature (2004 | 2006 | 2015)
RLG3458H Rhetoric and Discipline in Buddhist Studies (2007)
RLG3456 Tantra in Tibet: The Gastrosemantics of Ritual (2009)
RLG3480 Religion and Magic in Asia (2010)

Theses Supervised

Doctoral Students (Active):

Kunga Sherab, Buddhist philosophy, primary supervisor since 2016
Larissa Fardelos, Bengali tantra, primary supervisor since 2015
Nick Field, Tibetan and Chinese Dunhuang Buddhism, primary supervisor since 2014
Andrew Erlich, Indian/Tibetan Buddhist tantra, primary supervisor since 2011
Barbara Hazelton, Tibetan epic literature, primary supervisor since 2011
Sean Hillman, Medical ethics in South Asia, primary supervisor since 2011

Doctoral Students (Completed):

Jennifer Bright, Tibetan Buddhism and medicine, primary supervisor since 2006
Matt King, Buddhist revivalism in Mongolia, primary supervisor 2008-2014
Ben Wood, Cosmology and soteriology in Indo-Tibetan Buddhism, supervisor 2006-2012
Sarah Richardson, Tibetan Buddhist art history, co-supervisor 2007-2015
Usha Khosla, Buddha-nature in Indian Buddhism, secondary supervisor 2003-2015

MA Students (Active):

Molly Mignault, Sacred space and religion in India, primary supervisor since 2018

MA Students (Completed):

Daigengna Duoer, Mongolian Buddhism, primary supervisor 2015-16
Annie Heckman, Tibetan Buddhism, 2015-16
Kunga Sherab, Buddhist philosophy, 2012-2014
Nick Field, Tibetan and Chinese Dunhuang Buddhism, 2012-2014

Andrew Erlich, Indian/Tibetan Buddhist tantra, 2007-2011
Barbara Hazelton, Tibetan epic literature, 2007-2011
Sean Hillman, End-of-life care in Buddhism, 2009-2011
Helen Craigie, End-of-life practices in Buddhism, 2008-2011
Matt King, Buddhist revivalism in Mongolia, 2007-08
Rory Lindsay, Indo-Tibetan Buddhist philosophy, 2006-08
Ryan Jones, Tibetan historical thinking, 2007-2009
Creon Corea, Buddhism in Sri Lanka, primary supervisor 2004-06

Doctoral Students (Did not complete program):

Danielle Lefebvre, Feminist philosophy and Buddhist Studies, secondary supervisor Fall 2002-2010
Rory Lindsay, Indo-Tibetan Buddhist philosophy, primary supervisor fall 2008-2010
Elena Young, Tibetan education, primary supervisor, fall 2011-2012

Selected Other Teaching

Co-supervision of team of two graduate students traveling in Sikkim, India, for research project “Teaching Sustainability and Web Development” (2019)
Supervision of UTEA-funded undergraduate student research project in India, “Sacred Geography and Eco-Tourism in Ladakh” (2018)
Co-supervision of team of four graduate and undergraduate students doing research on outdoor and place-responsive experiential education for University of Toronto Outdoors initiative (2017-19)
Co-supervision of team of six undergraduate students traveling in Sikkim, India, for research project “Mapping Buddhist Landscapes in Sikkim” (2018)
Co-supervision of team of four undergraduate students traveling in Sikkim, India, for research project “Mapping Buddhist Landscapes in Sikkim” (2017)
Co-supervision of team of eight undergraduate students traveling in Sikkim, India, for research project “Mapping Buddhist Landscapes in Sikkim” (2016)
Supervision of UTEA-funded undergraduate student research project in India, “Mapping Pilgrimage in Himalayan Sikkim” (2016)
Supervision of UTEA-funded undergraduate student research project in India, “Medicine and Religion – The intersections of body, mind, culture and landscape in Himalayan healing” (2015)
Yearly workshops in the DSR Professionalization Seminar series (2014-2016)
Supervisor for research project "RSS feed and social tagging research and implementation for Mapping Buddhist Sites in Toronto" by first-year student, supported by an award from the Project Open Source | Open Access Student Experience Program (2006)

ADMINISTRATIVE POSITIONS

Positions and Responsibilities within the University

Departmental

Associate Chair, 2010-2012; 2013-2017.

Director of Religion in the Public Sphere Initiative, 2010-2011.

Member of various committees in the Department for the Study of Religion, 2003-present.

Creator and Editor of the Centre for the Study of Religion Newsletter, 2004-2015.

Co-Founder of University of Toronto Outdoors initiative, 2016-present.

Extra-departmental

Director, The Robert H.N. Ho Family Foundation Centre for Buddhist Studies, 2016-present.

Member, U of T/McMaster University Numata Programming Subcommittee, 2006-present.

Member, Emmanuel College Program in Buddhism Advisory Committee

Collaborative Program Representative, Knowledge Media Design Institute, 2012-present.

Executive Board member, Project Open Source | Open Access, 2006-2010.

Member, UTFA Committee on Pension and Benefits, 2004-05.

Member of Buddhist Studies Search Committee, Emmanuel College, 2016;
Buddhist Studies Search Committee, Department of Historical Studies, 2005-06;
Buddhist Studies Search Committee, Department for the Study of Religion, 2005-06;
Chair Search Committee, Department and Centre for the Study of Religion, 2007;
Hindi Lecturer Search Committee, New College, 2006-07.

Major organizer for numerous events.

Positions and Service on External Committees and Organizations

Service to Professional Organizations

Executive Council Member of the Specialty Committee of Tibetan Medicine of the World Federation of Chinese Medicine Societies (2015-2019)

Steering Committee Co-Chair, Tibetan and Himalayan Religions Group of the American Academy of Religion (2005-2012)

Steering Committee member, Tibetan and Himalayan Religions Group of the American Academy of Religion (2003-2005)

Member, Bukkyo Dendo Kyokai North American Numata Chairs Committee (2004-present)

Member, BDK Canada Graduate Scholarship in Buddhist Studies External Selection Committee (2004-present)

Various administrative responsibilities for the Tibetan and Himalayan Library (2002-present)

Manuscript Reviewer

Science in Context (1 article manuscript); *J of Royal Asiatic Society* (1 article manuscript); *New England Journal of Medicine* (1 article manuscript); *Asian Medicine: Tradition and Modernity* (2 article manuscripts); *Studies in Religion/Sciences Religieuses* (1 article manuscript); *Asia Major* (1 article manuscript); *Canadian Review of Sociology and Anthropology* (1 article manuscript); *Conversations in Religion and Culture* (1 article manuscript); *Journal of the International Association of Tibetan Studies* (1 article manuscript); Berghahn Books (1 book manuscript); Monash Asia Institute Press (1 book manuscript); Wellcome Trust Research Leave Grant (1 proposal review); *Cahiers d'Extrême-Asie* (1 article manuscript); *Journal Etudes Mongoles & Sibériennes, Centrasiatiques & Tibétaines* (1 article manuscript); *History of Science in South Asia* (1 article manuscript); and *Religions* (1 article manuscript);

Public Service

External Reviewer of Humanities MA program, Laurentian University (Winter 2018)

External Reviewer of Department of Religious Studies, William & Mary College, VA (Winter 2016)

Lead External Reviewer of Department of Religion Studies, Muhlenberg College, PA (Fall 2013)
External Reviewer of Department of Religious Studies, Queen's University, Ontario (Spring 2014)
Expert Witness on Buddhism for legal trial, Franklin D. Tall v. H.M.Q (October 2007)